Two for One—A COVID Vaccine Can Help Protect You *and* Your Baby

Pregnant? COVID can be bad for you and your baby.

Getting a COVID vaccine while you're pregnant and staying up to date with your vaccines:

- Can help protect you from getting very sick from COVID.
- May also protect your baby, who can't get a COVID vaccine.

Find safe, effective, and free COVID vaccines near you:

- Go to vaccines.gov
- Text your ZIP code to 438829
- Call 1-800-232-0233
- Scan the QR code

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